

Children's Special Health Care Services Transition Timeline for Youth and Families

Age 14-16

**According to developmental ability youth can begin to:**

- Develop knowledge of their special health care needs
- Take responsibility in making appointments and getting prescriptions refilled
- Explore appropriate work and volunteer opportunities
- Talk to medical providers about age appropriate information such as, physical, emotional, and sexual development

**According to their child's needs, parents can begin to:**

- Make arrangements for the steps above if child is unable to be independent
- Keep a health record for youth. Include all medical paperwork
- Explore options of transition planning through the local school district
- Explore the eventual need to transfer your child's care to adult providers

Age 16-18

**According to developmental ability youth can begin to:**

- Take responsibility in making appointments and getting prescriptions refilled
- Contact Michigan Rehabilitative Services (MRS) to explore vocational assistance if needed
- Attend all meetings where future plans are discussed (school IEPs or doctor's office)
- Research adult health care providers for transfer of medical care
- Explore employment opportunities
- Explore living arrangements

**According to their child's needs, parents can begin to:**

- Make arrangements for the steps above if child is unable to be independent
- Explore options for health care coverage
- Check eligibility for SSI from the Social Security Administration
- Research adult health care providers for transfer of medical care
- Explore the option of legal guardianship or the many alternatives to guardianship if child's special needs interfere with the ability to make financial and medical decisions

Age 18-20

**According to developmental ability young adult can begin to:**

- Complete a CSHCS financial assessment. At age 18 only young adult's income is reviewed
- Take responsibility for signing all CSHCS materials
- Finalize health care coverage as an adult
- Transfer medical care from pediatric providers to adult providers
- Check eligibility for SSI from the Social Security Administration
- Contact Michigan Rehabilitative Services (MRS) to explore vocational assistance if needed

**According to their child's needs, parents can begin to:**

- Contact the disability student services office if attending college and accommodations are needed
- Explore employment opportunities
- Make arrangements for the steps above, if young adult is unable to be independent
- Complete and submit a release of information signed by young adult if parent/caregiver would like to participate in their care
- Provide documentation of legal guardianship to all providers if needed

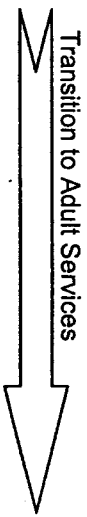
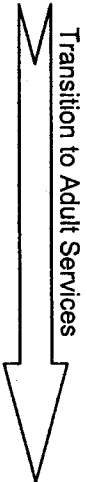
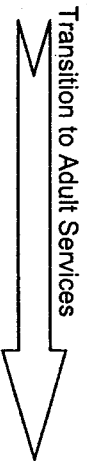
Age 20-21

**According to developmental ability young adult can begin to:**

- Explore living arrangements. If assistance is needed contact the nearest Center for Independent Living
- Learn about and continue to investigate adult services there may be need for
- Investigate possibility of enrolling in a Medicaid Health Plan at 21 if currently enrolled in Medicaid
- Transfer all medical care from pediatric providers to adult providers
- Explore employment opportunities

**According to their child's needs, parents can begin to:**

- Make arrangements for the steps above, if young adult is unable to be independent
- Complete and submit a release of information signed by young adult if parent/caregiver would like to participate in their care
- Explore private duty nursing options if young adult is receiving in-home nursing. Young adult must qualify for and enroll in an adult Medicaid waiver program to continue nursing services as of age 21



Family Resource 4/05